

Lisa Kohn



The best seats Lisa ever had at Madison Square Garden were at her mother's wedding, and the best cocaine she ever had was from her father's friend, the judge.

Lisa Kohn is a transformational keynote speaker, leadership consultant, executive coach, and award-winning author of *[The Power of Thoughtful Leadership](#)* and *[to the moon and back: a childhood under the influence](#)*, a memoir that chronicles her childhood growing up in the Unification Church (the Moonies) with her mom and a life of "sex, drugs, and squalor" in New York City's East Village with her dad.

Lisa's unique background has given her a perspective on life, people, and leadership, as well as an expansive array of tools, mind-shifts, and best practices she's found and created, that help her clients find their own paths to powerful, authentic, Thoughtful leadership. With over 25 years of experience supporting senior leaders in areas such as leadership, managing change, interpersonal and team dynamics, strategy, well-being, and life-fulfillment, Lisa partners with her clients as they not only uncover core issues to implement real changes in themselves and their organizations, but also successfully address their own inner challenges and effectively connect with others to ensure the changes stick.

Lisa has been described as "leading with love," and she's honored to teach C-suite leaders of not-for-profits and Fortune 50 organizations about the compelling impact of self-compassion, self-love, fun, delight, and Thoughtful Leadership – being more present, intentional, and authentic. She works with organizations across a broad range of industries, in companies such as New York City Department of Education, GroupM/WPP, Verizon, World Wrestling Entertainment, American Civil Liberties Union, and Comcast. Lisa brings insight to clients that transforms the way organizations develop and manage their people and the way leaders lead their people and live their lives.

Lisa earned her BA in psychology from Cornell University and her MBA from Columbia University's Executive Program. She has taught as an adjunct professor at Columbia University and New York University's Stern School of Business and has been featured in publications addressing topics on leadership, communication, effective teaming, authenticity, self-care, and, of course, healing from trauma. She has been awarded the designation of Professional Certified Coach by the International Coach Federation and a Certificate in Applied Positive Psychology. Lisa is an Accredited Facilitator for Everything DiSC®, The Five Behaviors of a Cohesive Team™, The Leadership Circle™, and Myers-Briggs Type Indicator®, amongst others.

Lisa lives in Pennsylvania but will always tell you that she is "from New York."

Keep up with Lisa at www.chatsworthconsulting.com and www.lisakohnwrites.com, or follow her on Twitter ([@thoughtfuldrs](#) and [@lisakohnwrites](#)), [Facebook](#), and [LinkedIn](#).

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