



Lisa Kohn

Keynote Speaker

Childhood Cult Survivor

Leadership and Personal Development Expert

Author of "To the Moon and Back"

"There is always hope. Hope for a better way, a better life, and a way to be happy."

- Lisa Kohn

Speaking Topics Include:

- Finding Hope in Times of Chaos
- Inclusive Leadership
- Discovering Your Path to Wholeness

What people are saying:

"I could have stayed in your session all day. You were inspiring, energetic, and very down to earth."

"Lisa Kohn... I don't believe I have the words to describe her. She was energetic, dynamic, straight forward, and downright funny."

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Let us tell you **Lisa Kohn's** story

“The best seats Lisa Kohn ever had at Madison Square Garden were at her mother’s wedding, and the best cocaine she ever had was from her father’s friend, the judge.” This is how Lisa Kohn describes her childhood.

A cult survivor and author of the memoir, *to the moon and back: a childhood under the influence*, Kohn’s early life was anything but ordinary. Now a leadership coach and mother, she has a compelling story that will inspire you.

'The Moonies,' are members of the Unification Church, a cult that Kohn's mother joined in 1974. Members believed they were following the Second Messiah and were told to be self-sacrificing and perfectionistic in every aspect of their life. In some ways, however, the Church was a haven for Kohn. Even though it was a cult, it was the only stable childhood environment she would know.

Lisa Kohn’s childhood identity was based solely around being a Moonie. However, after Kohn’s mother left her and her brother to move full-time into the Church, they moved in with Kohn’s father, who led a lifestyle of “sex, drugs and squalor” in New York City’s East Village. Kohn’s relationship with her parents was complicated, as they both often left her and her brother to their own devices. Despite this, Kohn holds no resentment for how she was raised. She’s instead found ways to appreciate who she is now, which is a result from all she experienced.

Ultimately Kohn left the cult of her childhood, but doing so set her on a path of self-destruction. She “punished” herself for walking away from the Messiah, with near suicide, anorexia, a “mild” cocaine addiction, and abusive relationships. In her early-twenties, Kohn hit what she refers to as a bottom and began to find a path to wholeness healing.

As a consultant and executive coach, Lisa Kohn now supports leaders in Fortune 50 organizations. She teaches clients about Thoughtful Leadership - being present, intentional, and authentic - and shares with them the tools and resources she discovered over the years that helped her heal her life. (Kohn is also the author of *The Power of Thoughtful Leadership: 101 Minutes to Being the Leader You Want to Be.*)

While Kohn’s life has been unconventional, her story will resonate with audiences. What she experienced may be unique, but her message of hope is universal. Lisa Kohn has been to the moon and back and that makes her the outstanding speaker that she is today.



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