

Lisa Kohn



The best seats Lisa ever had at Madison Square Garden were at her mother's wedding, and the best cocaine she ever had was from her father's friend, the judge.

Lisa Kohn is a transformational leadership consultant, executive coach, keynote speaker, and award-winning author of *[The Power of Thoughtful Leadership](#)* and *[to the moon and back: a childhood under the influence](#)*, a memoir that chronicles her childhood growing up in the Unification Church (the Moonies) with her mom and a life of "sex, drugs, and squalor" in New York City's East Village with her dad.

Lisa has over 25 years of experience partnering with senior leaders in areas such as leadership, managing change, interpersonal and team dynamics, strategy, well-being, and life-fulfillment. Lisa treasures her own personal journey and brings to her clients – and anyone who will listen to her – the tools, mind-shifts, and practices she's found and created that have helped her heal and thrive, as well as the hope and joy she's let into her life. With her unique background and perspective, Lisa helps clients to not only uncover core issues to implement real changes in themselves and their organizations, but also to successfully address their own inner challenges and effectively connect with others to ensure the changes stick.

Lisa has been described as "leading with love," and she's honored to teach C-suite leaders of not-for-profits and Fortune 50 organizations about self-compassion, self-love, fun, delight, and Thoughtful Leadership – being more present, intentional, and authentic. She works with organizations across a broad range of industries, in companies such as New York City Department of Education, GroupM/WPP, Verizon, World Wrestling Entertainment, American Civil Liberties Union, and Comcast. Lisa brings powerful insight to clients that transforms the way organizations develop and manage their people and the way leaders lead their people and live their lives.

Lisa earned her BA in psychology from Cornell University and her MBA from Columbia University's Executive Program. She has taught as an adjunct professor at Columbia University and New York University's Stern School of Business and has been featured in publications addressing topics on leadership, communication, effective teaming, authenticity, and self-care. She has been awarded the designation of Professional Certified Coach by the International Coach Federation. Lisa is an Accredited Facilitator for Everything DiSC®, The Five Behaviors of a Cohesive Team™, The Leadership Circle™, and Myers-Briggs Type Indicator®.

Lisa lives in Pennsylvania but will always tell you that she is "from New York."

Keep up with Lisa at www.chatsworthconsulting.com and www.lisakohnwrites.com or follow her on Twitter ([@thoughtfuldrs](https://twitter.com/thoughtfuldrs) and [@lisakohnwrites](https://twitter.com/lisakohnwrites)), [Facebook](#), and [LinkedIn](#).

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