

KATRINA LEMPENSKI



Katrina Lempenski is an accomplished consultant, executive coach and leadership trainer who ignites the growth of high-performing people. With a 15-year economic development and business background, she has advised leaders of cities, states, countries and companies, such as Goldman Sachs, Nielsen, NBC, and Women Deliver, plus such Governments as Australia, Japan, New York City, Pennsylvania, Portugal, Texas and Wales.

Driven by the human side of business, Katrina partners with introspective professionals who want to increase their effectiveness and performance excellence while operating authentically. Her blended Economics and Positive Psychology experience forms her unique interdisciplinary approach to leadership work. With a globally comprehensive viewpoint on development growth, she believes in the importance of using resilience based leadership as an intentional asset. Her self-reliance based advisory instills lasting change impact that equally benefits both professional and employer with commitment and respect.

Katrina earned her BSBA in Business and Spanish from The College of Saint Rose, and her coaching and Positive Psychology accreditations from Martha Beck International and The Flourishing Center. She has taught at NYU's Stern School of Business as a leadership trainer and sits on the YP Board of NAMI. A native Vermonter, Katrina resides in New York City with her family.

Katrina can be reached at (347) 853-9598 or klempenski@chatsworthconsulting.com.

A BROAD BASE OF EXPERIENCE WITH CLIENTS INCLUDING:

*Arch ReFac Insurance
Goldman Sachs
Nielsen
Sard Verbinnen & Co.*

*Council of Urban Professionals
Morgan Stanley
Paul Hastings
Ueno*

*Elliot Management
NBC Universal
RBC Capital
Governments of Japan, New York City,
New Jersey, Pennsylvania, Portugal,
Texas, Scotland, and Wales*

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REPRESENTATIVE ASSIGNMENTS

Managing Director – Client was recently promoted to become the first female Managing Director of a prominent, global reinsurance company. Charged with leading a staff of over 100 professionals, as well as driving strategic growth, client was viewed as a high-potential for succession planning. Needing to manage the transition, greater responsibility, and the emotional intelligence agility needed for a role of this scope, Katrina helped the executive navigate the responsibility breadth, depth, and stress components of her new role. From this coaching advisory, the executive successfully transitioned while heightening her staff connections, business conversion ratios, and overall personal wellbeing.

Executive Vice President – Client was Executive Vice President of the engineering department for an economic powerhouse city government. As an introverted leader, he was tasked with expanding his communication range and gravitas while empowering greater team unity across his department of 75 professionals. Katrina partnered with this senior leader to help him establish a sound personal brand, while leading with an integrity-based vision and style. The client learned to harness his intellectual and thoughtful strengths and grew into a leader who was respected for his ability to cultivate a team of highly successful engineers working on internationally renowned infrastructure projects.

Business Leader – Client was young entrepreneur who had successfully grown her business and now faced extremely fast-paced and demanding scale-up. Integral leadership components such as enhancing her influencing and negotiating skills were of timely importance. Katrina worked with client to define her “signature leadership style” and advance her public voice as a trusted thought leader in her field. Throughout the partnership, client grew employee base by 150% and increased company’s trusted advisory reputation through an array of public speaking opportunities delivered with pride and charisma by the young CEO.

Senior Trade Commissioner – Client was a Senior Trade Commissioner/International Senior Diplomat tasked with increasing foreign direct investment (FDI) activity into his country, specifically in the telecommunications and IT industries. As per cross-cultural business barriers, client needed to change his behaviors, communication style, and overall leadership approach in order to fulfill C-level executives economic expectations. Katrina worked with the client to help him understand the nuance and complexities of doing business across the United States market, within two highly demanding industries, and to then identify methods to adapt his signature style and change leadership behaviors in order to win new business for his home economy, thus creating jobs for the residents of his country.