



Chatsworth Consulting Group

## Discovering Your Values

### **Definition:**

**Values** are the behaviors and attitudes to which you are naturally drawn. They are the “WHO” you really are and the “WHY” of your behavior.

### **Instructions:**

Clarifying your personal values will assist you in making decisions and choices that align with what’s important to you. The more choices we make that align with our values, the more satisfying our work and life becomes.

Please select the ten values that are most meaningful to you. After you’ve selected the top ten, prioritize them in order of importance. Feel free to add if your top values are missing.

Adventure	Respect	Humor	Excellence
Directness	Leadership	Risk Taking	Beauty
Partnership	Integrity	Productivity	Compassion
Irreverence	Tenacity	Competition	Contribution
Resilience	Diversity	Honesty	Creativity
Spirituality	Recognition	Connection/Connectedness	Privacy
Accomplishment	Growth	Freedom	Harmony
Clarity	Meaning	Responsibility	Drive
Loyalty	Collaboration	Orderliness	Zest
Success	Health/Well Being	Independence	Service
Focus	Curiosity	Personal Power	Authenticity
Tradition	Joy	Accuracy	Community
Peace	Acknowledgement	Self-Expression	Trust



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